

Low back pain

1. Lumbar sprain and strain
2. Degenerative spine disease
3. Spinal stenosis
4. Lumbar disc disease
5. Disc prolapse
6. Disc tears and fissures
7. Vertebral fracture
8. Inflammation of vertebrae
9. Lumbar facet syndrome
10. Nerve root impingement
11. Nerve root entrapment
11. Poor posture
12. Core muscles deconditioning
13. Postlaminectomy syndrome
14. Medical conditions such as malignancy, benign tumors, osteoporosis, infection, arthritis, and fibromyalgia
15. Referred pain due to Sacroiliac joint dysfunction, ischial tuberosity bursitis, piriformis syndrome, hip joints degenerative disease, abdominal and pelvic hollow organs pathologies, kidney stones, abdominal aortic aneurysm, endometriosis, irritable bowel syndrome, etc.
16. Psychological conditions such as stress, anxiety, and somatization disorder