

Rochester Pain Solution
SYMPATHETIC BLOCK POST- PROCEDURE INSTRUCTIONS
Lumbar Sympathetic Block/Celiac Plexus Block
Hypogastric Block/Ganglion Impar Block

ABOUT THE PROCEDURE:

A sympathetic block is an injection near small sympathetic nerves in your abdomen, back or pelvic area. The injection you receive will contain local anesthesia. The following symptoms are common after this procedure.

Pain, bruising, and swelling around injection site.

Sensation of warmth in legs Assistance may be needed in walking.

Numbness and weakness of the affected area and muscles, numbness of the pelvic area.

Dizziness.

Diarrhea

Muscle spasms

This will go away after 24-72 hours. An ice pack may be helpful 3-4 times a day for 20 minutes.

DISCHARGE INSTRUCTIONS:

- 1) **DO NOT DRIVE FOR 24 HOURS AFTER THE PROCEDURE**, operate heavy equipment, or engage in strenuous activities until the numbness has completely worn off and full strength has returned to your legs. Your legs may be weaker than they feel for up to 8 hours after injection.
- 2) Rest, not necessarily bed rest, but take it easy and limit your activity today.

CALL YOUR DOCTOR FOR ANY OF THE FOLLOWING:

- ✘ Oral temperature of 101° F or higher.
- ✘ Inability to urinate up to eight hours after the block.
- ✘ Inability to walk eight hours after the block.

EMERGENCY INFORMATION:

If you think you have an emergency medical condition go to the nearest hospital emergency room. **If you cannot safely go to a Plan hospital, call 911.**

Monday to Friday, From 9 AM to 5 PM, call (585) 491-6130. After 5:00 PM, on weekends and Holidays, call 585-520-1812.

Patient Signature: _____ Nurse Signature: _____ Date: _____

*** If you cannot reach your physician and it is an Emergency, please call 911 or go to the nearest Emergency Department.**

Rochester Pain Solution, Rochester, NY 14618

www.rochesterpainsolution.com